



# MEAL UPDATE

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Dear Making Waves Academy Families,

Due to the Indigenous Peoples' Day Holiday, **additional** meals will be included this Wednesday, October 7th. Packages will contain enough food to last until Wednesday October 14th. As usual, meals will be served from 11 AM to 1 PM.

We will not be serving meals on Monday, October 12th. Meals will be served on October 14th ONLY.

We will return to our regular schedule of serving meals on Mondays and Wednesdays from 11 AM to 1 PM on Monday, October 19th.

For additional resources, please go to <https://bit.ly/3hjAan9>

Be Well,  
Making Waves Academy

# CAMBIOS A COMIDAS

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Estimadas familias de Academia Making Waves,

Debido al día feriado del Día de los pueblos indígenas, se incluirán comidas **adicionales** este miércoles, el 7 de octubre, y contendrán suficiente comida para toda la semana. Las comidas se servirán de 11 -1.

La próxima semana, las comidas se servirán SOLAMENTE el miércoles 14 de octubre.

Volveremos a nuestro horario de servir comidas los lunes y miércoles de 11- 1 el lunes 19 de octubre.

Para información sobre recursos, vaya a <https://bit.ly/3hjAan9>

Cuidense,  
Academia Making Waves