

Week 1

Monday, September 2

- **Closed**

Tuesday, September 3

- **Breakfast:** Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Flame Grilled Beef Burger on Honey WG Bun, Bagged Baby Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Cheese Stick (Cheddar or Jack), Crackers

Wednesday, September 4

- **Breakfast:** Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Natural Chicken Tenders, Peas, Chefables Seasonal Fruit, Milk Egg Salad Sandwich, Sweet Corn Salad with Buttermilk Dressing, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Mozzarella Filled Soft Pretzel Roll

Thursday, September 5

- **Breakfast:** Lemon Poppy Seed Zucchini Breakfast Bread, Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Breaded Chicken Sandwich on Honey WG Bun, Bagged Roasted Edamame, Turkey & Cheese Sandwich on Chibatta, Broccoli Slaw, Mac & Cheese, Tater Tots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Friday, September 6

- **Breakfast:** Muffin of the Day, Chefables Seasonal Fruit, Milk
- **Lunch: Cheese or Pepperoni Pizza,** Bagged Baby Carrots, Chefables Sub Sandwich, Roasted Carrots + Pumpkin Seeds, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Vanilla Yogurt, Yummy Rolled Oats Cereal, Mozzarella Filled Soft Pretzel Roll

Week 2

Monday, September 9

- **Breakfast:** Breakfast Square of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** BBQ Chicken & Brown Rice, Peas, Cheese Quesadilla, Hummus w/Feta & Olives with WW Pita, Cream Corn, Baby Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Tuesday, September 10

- **Breakfast:** Breakfast Cereal of the Day, Muffin of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** All Beef Hot Dog on Honey WG Bun, Grilled Cheese Sandwich, Chicken Salad Sandwich, Bagged Baby Carrots, Peas, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Wednesday, September 11

- **Breakfast:** Chai Muffin, Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Natural Chicken Tenders, Corn, Brown Rice and Beans, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Mozzarella Filled Soft Pretzel Roll

Thursday, September 12

- **Breakfast:** Sour Cream Streusel Breakfast Bread, Chefables Seasonal Fruit, Milk
- **Lunch:** Chicken Corn Dog, BBQ Chicken Sandwich, Bean and Cheese Pupusas, Bagged Roasted Edamame, Baked Beans, Broccoli Slaw, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Cheese Stick (Cheddar or Jack), Delimanjoo

Friday, September 13

- **Breakfast:** French Toast Stick, Chefables Seasonal Fruit, Milk
- **Lunch:** Cheese or Pepperoni Pizza, Roast Beef Sandwich, Bagged Baby Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Mozzarella Filled Soft Pretzel Roll

Week 3

Monday, September 16

- **Breakfast:** Black + White Breakfast Squares, Chefables Seasonal Fruit, Milk
- **Lunch:** Chicken Fiesta Burrito, Cheese Quesadilla, Asian Chicken Pasta Salad, Peas, Chefables Seasonal Fruit, Milk

- **P.M. Snack:** Brazilian Coconut Cheese Stick

Tuesday, September 17

- **Breakfast:** Breakfast Cereal of the Day, Muffin of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Breaded Chicken Sandwich on Honey WG Bun, Egg Salad Sandwich, Grilled Cheese Sandwich, Bagged Baby Carrots, Cream Corn, Sweet Corn Salad with Buttermilk Dressing, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Wednesday, September 18

- **Breakfast:** Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Chicken Fried Rice, Chicken Salad Sandwich, Green Beans, Baby Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Delimanjoo, Banana Chips

Thursday, September 19

- **Breakfast:** Lemon Blueberry Breakfast Bread, Chefables Seasonal Fruit, Milk
- **Lunch:** Flame Grilled Beef Burger on Honey WG Bun, Turkey Sandwich on Chibatta, Brown Rice and Beans, Refried Beans, Bagged Roasted Edamame, Broccoli Slaw, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Cheese Stick (Cheddar or Jack), Delimanjoo

Friday, September 20

- **Breakfast:** Concha!, Chefables Seasonal Fruit, Milk
- **Lunch:** Cheese or Pepperoni Pizza, Cold Caesar Chicken & Pasta Salad, Bagged Baby Carrots, Roasted Carrots + Pumpkin Seeds, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Mozzarella Filled Soft Pretzel Roll

Week 4

Monday, September 23

- **Breakfast:** Breakfast Square of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Turkey Sausage Roll, Cheese Quesadilla, Hummus w/Feta & Olives with WW Pita, Peas, Baby Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Tuesday, September 24

- **Breakfast:** Breakfast Cereal of the Day, Muffin of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** Chicken Corn Dog, Chicken Salad Sandwich, Grilled Cheese Sandwich, Bagged Baby Carrots, Corn, Sweet Corn Salad with Buttermilk Dressing, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick

Wednesday, September 25

- **Breakfast:** Potato Cheddar Cheese Muffin, Breakfast Cereal of the Day, Chefables Seasonal Fruit, Milk

- **Lunch:** Franks Red Hot Buffalo Chicken Burrito, Roast Beef Sandwich, Refried Beans, Black Bean Vinaigrette Salad, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Delimanjoo, Banana Chips

Thursday, September 26

- **Breakfast:** Ube Cacao Breakfast Bread, Breakfast Square of the Day, Chefables Seasonal Fruit, Milk
- **Lunch:** All Beef Hot Dog on Honey WG Bun, Chicken & Veggie Pesto Pasta Salad, Cheese Pupusas, Bagged Roasted Edamame, Roasted Carrots, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Cheese Stick (Cheddar or Jack), Delimanjoo

Friday, September 27

- **Breakfast:** French Toast Stick with Dried Fruit, Chefables Seasonal Fruit, Milk
- **Lunch:** Cheese or Pepperoni Pizza, Chefables Sub Sandwich, Bagged Baby Carrots, Roasted Carrots + Pumpkin Seeds, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Mozzarella Filled Soft Pretzel Roll

Monday, September 30

- **Breakfast:** Cream Cheese Pretzel Bagel Bite, Chefables Seasonal Fruit, Milk
- **Lunch:** Turkey Spaghetti Bolognese, Brown Rice & Beans, Peas, Chefables Seasonal Fruit, Milk
- **P.M. Snack:** Brazilian Coconut Cheese Stick